



ELDERBERRY SYRUP

ELDERBERRY SODA

Antioxidant Powerhouse (and yummy too!)

12 oz sparkling water
2-3 Tbsp Elderberry Syrup
2 wedges fresh lime
2 small sprigs fresh mint

Fill two glasses with ice, add the mint and squeeze of lime and muddle with a spoon. Divide sparkling water and Elderberry Syrup, stir gently. Serves 2

BLUSHING GINGER

Courtesy of Pour Girl Bartending

1 oz ginger juice
1 oz Elderberry Syrup
10 oz dry sparkling rosé

In a shaker filled with ice add the ginger juice and Elderberry Syrup. Shake then strain into a champagne flute. Top with sparkling rosé. Serves 2

Wonder what else you can do with this?

Smoothies, popsicles, salad dressing, margaritas, mocktails and more!

CarmelBerry.com/recipe

 [carmelberryco](https://www.instagram.com/carmelberryco)

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